#### Allegan Aquatic Center 2022

## Fall Programming



#### 2022 - 2023 Program Pricing

Senior (59+): \$4.00 Adults (18-58): \$5.00 Student (6-17): \$4.00

Pre K (0-5): \$3.00

APS District Employee: \$2.00

#### **New Memberships and Punch Cards Available!**

## **Family Programs**

#### Tot Spot Open Swim

Ages 5 & Under with a Parent and/or Guardian - Leisure Pool Mondays and Wednesdays- 10:00AM - 11:00AM

#### Family Fun

All Ages are Welcome - Leisure Pool Tuesday and Thursday- 1:00PM - 2:00PM

#### Open Swim

All Ages are Welcome - Leisure Pool and Competition Pool Inflatable Obstacle Course is available in the Comp. Pool \*\*\$2.00 for Obstacle Course Wristband\*\*

Sundays - 1:30PM - 3:30PM

#### Lap and Leisure Swim

Lap Swim and Leisure Pool Lap Swim

Monday - Friday- 6:30AM - 7:30AM

Monday - Thursday- 12:00PM - 1:00PM

**Evening Leisure Pool Lap Swim** 

Monday and Wednesday- 6:00PM - 7:00PM

**Masters Swim** 

Monday and Wednesday- 5:30AM - 6:30AM

#### **Guided Fitness Classes**

AQUA HIIT - Lisa Waanders

Tuesday and Thursday- 9:00AM - 10:00AM

Classes By:

BE WILLING TO - Health and Performance

Aqua Tabata

Monday- 1:00PM - 2:00PM



**Aqua Kickboxing** 

Wednesday- 1:00PM - 2:00PM

#### **Senior Aquacise**

Seniors Age 59 & Over - Leisure Pool Monday, Wednesday and Friday-

9:00AM - 10:00AM

\*\*\$1.00 for Seniors\*\*

Online Registration Recommended www.alleganaquatics.com

## **Swimming Lessons**

# 2 WEEK LONG SESSIONS 2 LESSONS INCLUDED LATE AFTERNOON AND EVENING TIMES AVAILABLE

Register Online

\*\*Sessions will begin in September\*\*

### **Pool Rentals**

Private Rentals and Open Swim Rentals Available
Please contact the Aquatic Center for dates and rates!!

## Allegan Aquatic Center

Allegan Public High School

www.alleganaquatics.com

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1560 M-40

Allegan, MI 49010